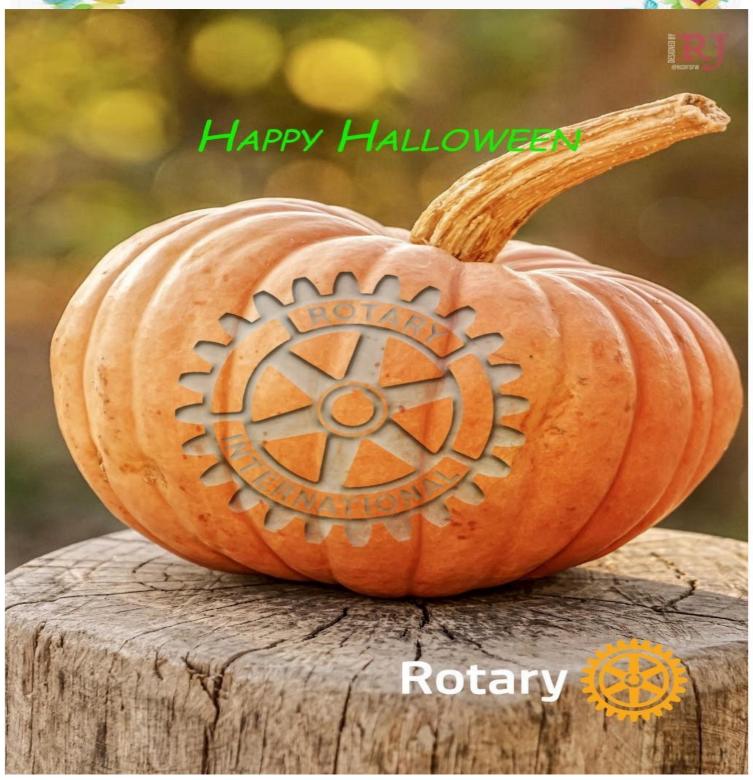
#### THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101





## Polomolok 101 Rotary Club

## OFFICERS AND DIRECTORS RY 2022-2023



JENNIFER JONES
Rotary International
President



LILU ALINO District Governor District 3860



JONG FERNANDEZ
District Secretary



EDWIN VALENCIA Asst. Governor, 3F



MARY JOY TORRES President



EVERNIE
ALFECHE
Vice President



MALOU TEOXON PE/Secretary



MAYVELYN URBANO Executive Secretary



JADE RALLOS Treasurer



GLADYS BALANO Auditor



NIEVEN MAY
ALFECHE
Protocol Officer



FANNY
FERNANDEZ
Public Information Officer



RIZALDY CRUZ Sgt. At-Arms



OMAR GALLINERO CICO



MELANI
DEYPALAN
Vocational Service Director



XAVIER
BAYAN
Service Project Director



LEO
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Youth Service
Director



DARNIE JANDIC
International
Service
Director



CELEMA GRIÑO
Administration
Director



MARIBEL ACUESTA Membership Director



ESPIE MALIWAT Public Image Director



ROGELIO RALLOS, JR. TRF Director



ALAN INES
DRRM/Community
Service
Director



LANI CASTANIAGA IPP



**Jennifer Jones** 

#### R.I. PRESIDENT'S MESSAGE

Being asked to *Imagine Rotary* can seem like a big, heady exercise, but the most important element of it is something quite small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost. and by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary.

It brings to mind that wonderful aphorism: "People will forget what you said. People will forget what you did. But people will never forget how you made them feel."

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, it can take years, before seeing the joy in the eyes of someone we serve. Or perhaps in hearing from another member something that hit close to home.

As Nick and I share this journey, we are amazed at the work you are performing and the lives that are transforming. Throughout the year, I'm going to share with you the sights and the stories that made those tours meaningful for us.

I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize with local media. Even sharing your stories with friends has impact.

We need ambassadors for Rotary's message and our dreams for a better world. The best ambassadors are you. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay.

To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It's important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you'll tell.

In Rotary,

Jennifer Jones
President, Rotary International



**By May Urbano**Past Assistant Governor



## Editor's Note

#### November is The Rotary Foundation Month

Each year, Rotary International highlights hovember as Rotary Foundation Month to emphasize the importance of and need for Rotarian support of The Rotary Foundation. Contributions from Rotarians around the world go to the Foundation's Annual Programs Fund, which provides grants and awards through Foundation programs; and the Permanent Fund, an endowment from which only the earnings are spent in support of Foundation programs, ensuring the long term viability of the Foundation.

Every dollar contributed by Rotarians funds humanitarian and educational programs and program operations. Clubs and districts apply for and receive Foundation grants to carry out worthy projects worldwide. If Rotary is to be there to teach children to read, build wells, feed the hungry, care for the sick, shelter the poor; then Every Rotarian is invited and encouraged to support the Annual Fund with a personal contribution every year.







## Secretary's Report





by Malou Teoxon
Club Secretary

#### Roster of Members for RY 2022-23

NAME	CLASSIFICATION
1) Acuesta, Maribel D. "Bel" *RFSM1+2	W. S.
2) Alfeche, Evernie V. "Tata"	Management; Transport Services
3) Alfeche, Nieven May V. "Twinkle" *PHF	Management; Cooperative
4) Balano, Gladys D. "Glads' RFSM+3	School Registrar; Private
5) Baldostamon, Leo "Ducks"	Management; Restaurant Cafe
6) Bayan, Xavier J. "Bobet" PHF+2	Law; General Practice
7) Castaniaga, Lani A. "Lani" PHF	Management; Government Bank
8) Cruz, Rizaldy R. "Zaldy" PHF	Architecture; Building
9) Deypalan, Melani G. "Mel" RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M. "Fan" PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S. "Mar" PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B. "Sweet"	Management; Nail Spa
13)Griño, Celema I. "Cel" RFSM+2	Dental Services; Hospital
14) Ines, Alan M. "Lan" PHF	Administration, Private School
15) Jandic, Darnie F. "Bing" PHF	Management; Spa
16) Maliwat, Esperanza C. "Espie" RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F. "Ron" RFSM	Management; Farm Resort
18) Publico, Troy M. "Troy"	Financial Advisor
19) Rallos, Jade N. "Jade" PHF+1	Medical Technologist
20) Rallos, Rogelio Jr. A. "Wang" PHF+5	Management; Medical Supplies Distribution
21) Sabellano, Ivie L. "Ivs" PHF	Management; Commercial Bank
22) Teoxon, Marilou A. "Malou"	Management; Travel & Tour
23) Torres, Mary Joy B. "Joy"	Management; Logistics
24) Tonguia, Tomas, Jr. S. "Tom"	Management; Commercial Banking
25) Urbano, Mayvelyn G. "May" PHF+1	Management; Fastfood Restaurant

\*PHF- Paul Harris Fellow

\*RFSM- Rotary Foundation Sustaining Member



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

— Paul Harris, My Road to Rotary



by Jade Rallos
Club Treasurer

### Treasurer's Report

#### The Rotary Foundation History

At the 1917 convention, outgoing Rotary president Arch Klumph proposed setting up an endowment "for the purpose of doing good in the world." That one idea, and an initial contribution of \$26.50, set in motion a powerful force that has transformed millions of lives around the globe.

#### **WAYS TO GIVE:**

#### 1. ANNUAL FUND

- Your gift to the Annual Fund helps Rotary clubs take action today to create positive change in communities at home and around the world. Your contributions help us strengthen peace efforts, provide clean water and sanitation, support education, grow local economies, save mothers and children, and fight disease.
- The Every Rotarian Every Year initiative asks every Rotarian to support The Rotary Foundation every year. In addition to contributing to the Annual Fund on a regular basis, members are encouraged to get involved in a Foundation project or program.

#### 2. WORLD FUND

 The World Fund provides the necessary funding for our highest priority activities around the globe. While 50% of SHARE-designated contributions are applied to the World Fund, you can also direct your entire gift to the fund. The Foundation uses the money to pay for grant and program opportunities available to all Rotary districts.

#### 3. RECURRING GIVING (ROTARY DIRECT)

- The Annual Fund is the primary source of funding for all Foundation activities. Support our efforts year round by making a recurring gift. You choose how often and how much you want to give—it's a simple and secure way to make a big impact.
- A monthly, quarterly, or annual gift option is available for all online contributions. If you prefer, you may return the completed Rotary Direct enrollment form or enroll by phone at +1-866-976-8279.
- To update your existing recurring giving contributions, please email <a href="mailto:rotary.org">rotary.org</a> or call +1-866-976-8279. For security reasons, changes to your credit card information should be made by phone.

#### 4. SUPPORT A SPECIFIC CAUSE

- You can direct your Annual Fund contributions to SHARE, the World Fund, or one of Rotary's areas of focus funds, and all contributions are spent wisely on quality Rotary projects.
- Annual Fund contributions that are directed to the Foundation's six areas of focus are credited toward a club's annual giving goal and per capital giving calculations.

#### Celebrating the Rotary Foundation Month (November)







**The Rotary Foundation** transforms your gifts into service projects that change lives both close to home and around the world. During the past 100 years, the Foundation has spent \$3 billion on life-changing, sustainable projects. With your help, we can make lives better in your community and around the world. Find our more about our Foundation...

#### Why should I donate to The Rotary Foundation?

Your donation makes a difference to those who need our help most. More than 90 percent of donations go directly to supporting our service projects around the world.

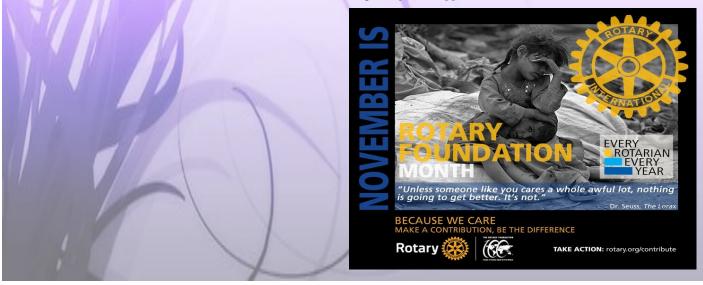
#### How does The Rotary Foundation use donations?

Our 35,000 clubs carry out sustainable service projects that support our six causes. With donations like yours, we've wiped out 99.9 percent of all polio cases. Your donation also trains future peacemakers, supports clean water, and strengthens local economies.

#### What impact can one donation have?

It can save a life. A child can be protected from polio with as little as 60 cents. Our partners make your donation go even further. For every \$1 Rotary commits to polio eradication, the Bill & Melinda Gates Foundation has committed \$2.

All Annual Fund contributions count toward the following recognition opportunities:





By: PP Xavier Bayan Service Project Director

#### The Origins of Paul Harris Fellow Recognition

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation.

Rotary established the <u>recognition</u> in 1957 to encourage and show appreciation for substantial contributions to what was then the Foundation's only program, Rotary Foundation Fellowships for Advanced Study, the precursor to Ambassadorial Schol-

The first Paul Harris Fellows included past RI Director Allison G. Brush, who served during the 1937-38 Rotary year, and longtime RI Treasurer Rufus F. Chapin, both for donations made in 1946. Mrs. Adan Vargas was the first woman to receive the recognition, for a gift made in 1953. Mrs. Harry L. Jones was the second, and one of only five people recognized for contributions actually made in that inaugural year.

Early Paul Harris Fellows received a certificate of recognition. In 1969, the Foundation unveiled the first Paul Harris Fellow medallion at the Rotary Convention in Honolulu, Hawaii, USA. Japanese metal artist Fiju Tsuda created the piece under the direction of former Foundation Trustee Kyozo Yuasa. Today, Paul Harris Fellows receive a certificate and pin. They are also eligible to buy a Paul Harris Fellow medallion.

Rotarians have a tradition of supporting the Foundation by honoring others. Ida LeTulle Taylor became a Paul Harris Fellow in 1978 when her husband, Vann Taylor, who was serving as a district governor, made a donation in her name in honor of their 34th wedding anniversary. The gift also made her the 25,000th Paul

At the International Assembly in 1979, incoming RI President James Bomar challenged each Rotary club to make one non-Rotarian a Paul Harris Fellow. The Rotary Club of Pikesville, Maryland, USA, responded by making a donation in the name of Mother Teresa in 1980. The entertainer Pearl Bailey also became a Paul Harris Fellow through a joint effort of the Rotary clubs in Cape Cod, Massachusetts.

Many other notable figures have been named Paul Harris Fellows, including U.S. President Jimmy Carter, Russian President Boris Yeltsin, U.S. astronaut James Lovell, UN Secretary-General Javier Perez de Cuellar, and polio vaccine developer Jonas Salk.

The number of Paul Harris Fellows reached the 1 million mark in 2006.



**Paul Harris Fellow Pin** 



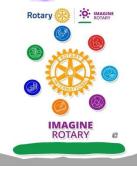
Paul Harris Fellow Pin with 1 Sapphire



Paul Harris Fellow- Major Donor Pin



Paul Harris Fellow Pin with 5 Sapphire





By: PP Espie C. Maliwat Public Image Chair

#### **Sundays and Relationship Goals**



It seems that a lasting relationship is becoming rare in these days of "instant-everything." The hiccups of relationships: difficulty in communication and unmet expectations resulting to break-ups. Because in the mind of the couples, there's a bigger ocean out there with lots of other fishes.

So here's a set of ingredients for all those who would want to "work" for and enjoy long and happy relationships.

- **1. Chemistry**: It starts with attraction, usually physical, but can be any other thing; a mind, a voice, a gesture, a song. And when you have been together for a long time, always remember that old feeling; and exert effort to see something new to admire in your partner.
- 2. \$elf-Awareness. Get to know your core personality profile and that of your partner. Stop believing in the concept of "accept me for who I am, or else..." It only works in an ideal world, where lovers give unconditional love.

  Most love affairs are premised on give-and-take relationships. You will find it too difficult to always be the "giver," and you will not nourish the relationship if you're always the "taker."
- **3. Common goals:** Dreaming together. Usually, about being together in the now and the future. Call this a "shared future." Imagine yourself rowing a boat made for two, paddling in one direction.
- **4. Commitment:** One of the most critical aspects of relationships. This must be defined early on. Usually, it entails a pledging for each other. As you go along your life together, each must renew this pledge frequently, in small or big ways.
- **5. Communication:** Miscommunication is the most common source, then and now, of relationship breakup. Clear communication seems easy to do, but is not. Because one's communication system is heavily influenced by one's personality, family system, environment, and upbringing.

Thus, really get to know each other well, and explore the limits and possibilities of truly opening one's mind and heart to another. You will feel vulnerable; but be brave and trust your partner enough to do so.

Remember, the inability to communicate effectively lies at the root of many relationship problems.

6. Consensus: Relationships become more mature when there is compromise and negotiation involved the couple's relationship. These are all important factors, and the most important one is on working on your communication. Even "love" won't be enough without this. And make sure to state your "non-negotiables" too!

Be aware that there are different forms of communication as there are different ways of showing love, and those are mostly shown in non-verbal ways.

In giving service. Duty. Bringing of gifts and thoughtful expressions. Simple caring gestures. A smile that brings with it the shared experiences of the past and all that it brings.

For you, my wish: Live to love, love to live.

#### Notes:

- Concepts from "Conscious Marriage" by John Lucas
- Artwork by Richard Faust













## The Club 1 1 1 1 Calendar of Activities

September

#### JVIIJ New Leadership Month

AVGVST
Membership
& New Club
Develop
ment

Basic Education and Literacy Month october

Economic and Community Development Month

orld Polio Do

#### November

Rotary Foundation Month November 1-7 World Interact Week

November 26-27 Presidential Conferences Manila

#### December

Disease Prevention and Treatment January Vocational Service Month

#### February

Peace building and conflict Prevention

Month

February 23 Rotary's Anniversary

#### March

Water, Sanitation & Hygiene Month

March 14-18 World Rotaract Week

May Youth Service Month APril Maternal and Child Health Month



Rotary Fellowhips
Month
May 27-May 30
Rotary
International Conventions
Melbourne, Australia

Paul Harris Quotes

Rotary changes us and those we serve.

I believe we can change the world, one life at a time.

Rotary Club



Rotary Year 2022-2023

## words to live by



"WE ALL HAVE A RESPONSIBILITY TO GIVE BACK. NO ONE BECOMES SUCCESSFUL WITHOUT LOTS OF HARD WORK, AND SUPPORT FROM OTHERS. GIVING BACK CREATES A VIRTUOUS CYCLE THAT MAKES EVERYONE MORE SUCCESSFUL".

NIEVEN MAY "Twinkle" ALFECHE Past President



#### **History of the Rotary Club of Polomolok 101**

<u>The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.</u>

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517. To date, the Club runs on man-strength of twenty five(25) committed individuals.

#### Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

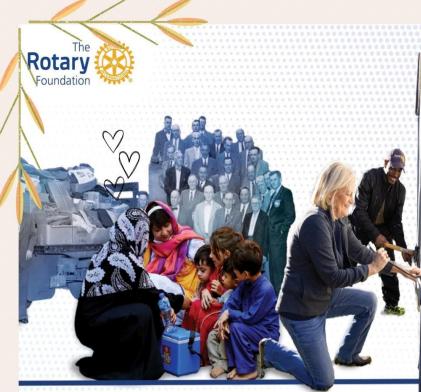
#### Vision Statement

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."





Imagine Rotary



WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF.
WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

HELP REFUGEES
 PROVIDE CLEAN WATER
 GROWN LOCAL ECONOMIES
 PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

Doing Good Together

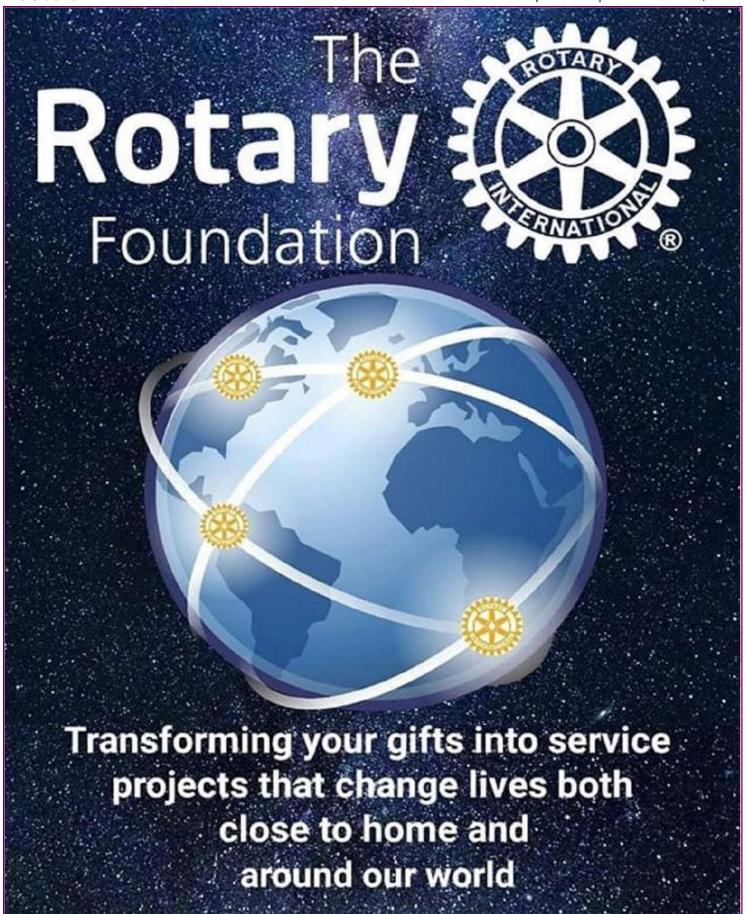






DONATE TODAY:
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**Imagine Rotary** 







#### 15th GENERAL MEMBERSHIP MEETING & FELLOWHIP NIGHT

The Boulevard, Cannery Road 18th November, 2022

I. Call to Order  II. Rotary Grace  III. National Anthem  IV. The Rotary Hymn  V. The Rotarian Pledge  VI. Introduction of Visiting  Rotarians & Guests	Pres. Joy Torres PP Mel Deypalan PP Fanny Fernandez PP Gladys Balano Rtn. Troy Publico PP Cel Grino
VII. Treasurer's Report————————————————————————————————————	Treas. Jade Rallos Pres. Joy Torres Pres. Joy Torres

#### IPP Lani Castaniaga Moderator

#### The Rotarian Pledge

I am a Rotarian

I will always uphold the truth.

I am a Rotarian.

I will always strive to be fair in all my dealings with fellow human beings.

I am a Rotarian.

I will always endeavor to build goodwill and understanding in my community, among my countrymen, and among people of all nations.

1 am a Rotarian.

I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian
I will always observe the
Rotary International motto:
Service Above Self.

The National Rotarians World

Almighty God, we invoke a blessing upon this occasion of Rotary fellowship. Make us aware of the deeper significance of our meeting as we develop our friendships as the source of Rotary service radiating from this community to the wider community beyond. Amen.



#### The Four-Way Test of the things we think, say or do.

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

#### The Rotary Hymn by George Canseco

I. I want to be a Rotarian for the world, Make the Rotary flag be a flag of peace unfurled; I shall serve my community, Help achieve universal unity Through Rotary, I shall dedicate my all, World understanding shall be my cherished goal.

#### Chorus:

With the Four Way Test I will pursue my quest And if I, in a way help obtain Peace in the world We shall not have lived in vain.

II. I observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family. (Back to Chorus)

III. Build a bridge for tomorrow's youth, Strengthened by nothing but the truth; Let's join our hands, there's no reason we'll divide. We shall all understand, while the good Lord is our guide. (Back to Chorus)

IV. Peace be achieved, We shall not have lived in vain.



#### Polomolok 101 Rotary



This is to certify that Rtn.

attended the meeting on

**President** 

#### Sunshine Greetings!

#### Happy Birthday!!!

Nov. 3- Rotakid Czam

Nov. 3- Sps. Angie

Nov. 6- IPP Lani

Nov. 7- Rotakid Gayle

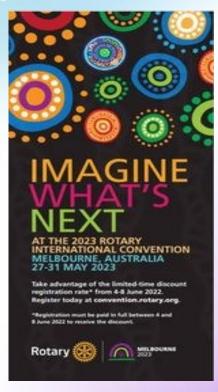
Nov. 10- Rotakid Paat

Nov. 16- Sps. Mike

Nov. 29- Rotakid Zea









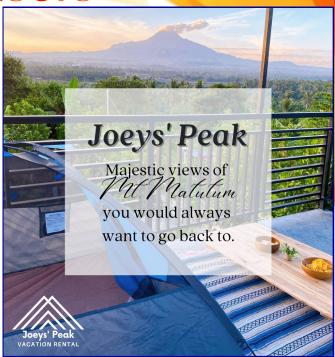






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# Enrollment is now going on CHRISTIAN SCHOOL OF POLOMOLOK SENIOR HIGH SCHOOL NO CHARGES ON ENTRANCE FEES, TUITION FEES AND MISCELLANEOUS FEES FOR CONTRACT ON THE POLOMOLOK IN INCOMING GRADE 7 FREE ENVIRANCE FEES THE SENIOR HIGH SCHOOL ALSO OFFERS: KINDER & ELEMENTARY ALSO OFFERS: KINDER & ELEMENTARY







